



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FACILITY HOURS

ALBANY YMCA

Mon-Thurs 5:15am-9:00pm
Friday 5:15am-8:00pm
Saturday 7:00am-6:00pm
Sunday 7:00am-6:00pm

Childwatch Hours

Mon-Thurs 8:30am-1:30pm
6:00pm-8:00pm
Friday 8:30am-1:30pm
Saturday 8:00am-11:30am
Sunday 8:00am-11:00am

DOWNTOWN BERKELEY YMCA

Mon-Fri 5:00am-10:00pm
(lap swim begins at 6:00am)
Saturday & Sunday 7:00am-7:30pm
(lap swim begins at 7:30am)

Childwatch Hours

Mon-Fri 8:30am-2:30pm, 4:00pm-8:00pm
Saturday 8:30am-2:30pm
Sunday 8:30am-2:30pm

Fit Kids Hours

Mon-Fri 4:30pm-8:00pm
Saturday 8:30am-2:30pm
Sunday 8:30am-2:30pm

IRVIN DEUTSCHER FAMILY YMCA

Mon-Fri 5:00am-10:00pm
Saturday & Sunday 7:00am-8:00pm

Pool Hours:

Mon-Fri 5:00am-9:30pm
Saturday & Sunday 7:00am-7:30pm

Child Watch Hours

Mon-Fri 8:00am-12:00pm
Mon-Thurs 4:00pm-8:00pm
Friday 4:00pm-7:00pm
Saturday 9:00am-12:30pm

YMCA-PG&E TEEN CENTER

Mon-Thurs 11:30am-8:00pm
Friday 11:30am-6:30pm