



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Register Now!

Register in person at the
IRVIN DEUTSCHER FAMILY YMCA
350 Civic Drive
Pleasant Hill, CA 94523

Register online at
www.ymca-cba.org

Register over the phone at
925 687 8900

Register by fax at
925 825 1879

Financial Assistance is
Available

For more information contact
Ernie Chang, Interim Sports
Coordinator, at
925 887 4538 or
echang@ymca-cba.org.

Spring Youth Sports

Youth Soccer (For Ages 3-7)

Sundays March 25th-May 13th between 1:30pm - 2:30pm

The YMCA soccer league is a small-sided soccer league, played outdoors on grass, using smaller fields, smaller goals, and fewer players per team than traditional soccer. This allows for greater playing time and opportunity for skill development for every child. Children who are 3-5 years of age will be divided from children who are 5-7 years of age. Let's kick start the league! **All games will be held at Pleasant Hill Elementary School - 2097 Oak Park Blvd. Pleasant Hill, 94523.**

Tee Ball (For Ages 3-5)

Sundays March 25th-May 13th between 2:30pm - 3:30pm

The primary objective is to introduce the child to the sport of baseball. The league is designed to introduce new skills to the players. At this stage the children will learn the basics of the sport such as hitting, throwing, and fielding. Throughout the season the child should learn the different aspects of team sports such as teamwork, and sportsmanship. **All games will be held at Pleasant Hill Elementary School - 2097 Oak Park Blvd. Pleasant Hill, 94523.**

Coach Pitch Baseball (For Ages 5-7)

Sundays March 25th-May 13th between 3:30pm - 4:30pm

The primary objective is to introduce the child to the sport of baseball and enhance their preexisting skills. The league is designed to introduce new skills to the players. During the season the children will learn the basics of the sport such as base running, hitting, throwing, catching, and fielding. YMCA Sports are about teaching the fundamentals of the game, learning the values of sportsmanship, and having fun doing it. There is no score kept in YMCA Sports, no try-outs, no strike-outs, and no league standings. **All games will be held at Pleasant Hill Elementary School - 2097 Oak Park Blvd. Pleasant Hill, 94523.**

Spring Basketball (For Ages 3-11)

Saturdays May 12th-June 23rd between 10:00am - 2:00pm

The primary objective is to introduce children to the sport of basketball and enhance their preexisting skills. The league is designed to introduce new skills to the players. During the season the children will learn the basics of the sport such as dribbling, shooting, passing, rebounding, and defense. YMCA Sports are about teaching the fundamentals of the game, learning the values of sportsmanship, and having fun doing it. Children will be divided by age. There is no score kept in YMCA Sports, no try-outs, and no league standings. **All games will be held at the Irvin Deutscher Family YMCA.**

Program Fee

Facility Member: \$120

Non-Member: \$140

YMCA of the Central Bay Area Registration Form (Please complete a separate registration form for each participant)

Participant Name (Last/First/Middle): _____
 Gender: M F Date of Birth: _____ Grade: _____ School: _____
 Parent/Guardian Name (Last/First/Middle): _____
 Email Address (required for youth sports): _____
 Home Address: _____
 City: _____ State: _____ Zip Code: _____ Home Phone: _____
 Alternate Phone: _____
 Emergency Contact: _____ Relationship: _____ Phone: _____

Session Name	Session Dates	Program Fee*	Amount Enclosed	Balance Due
IDF Youth Sports	3/25/12 – 5/13/12	\$120 member \$140 non member		
	5/12/12 – 6/23/12 (basketball only)			
				Total:

*program fees are non-refundable and non-transferable. Registration fees are due in full at time of registration for most programs.

- Soccer:** Pee Wee Soccer - 3-5 years old Rookie Soccer - 5-7 years old
- Baseball:** Tee Ball - 3-5 years old Coach Pitch Baseball - 5-7 years old
- Basketball:** Pee Wee Basketball - 3-5 years old Rookie Basketball - 5-7 years old
 Winners Basketball - 7-9 years old Champions Basketball - 9-11 years old

T-Shirt Size:

- youth small youth medium youth large adult small adult medium adult large

I would be interested in volunteering as a(n):

- coach assistant coach team parent referee/official board member

Name(s) of volunteer(s): _____ phone number(s): _____

Teammate request #1 (last/first/middle): _____ home phone: _____

Teammate request #2 (last/first/middle): _____ home phone: _____

Method of Payment

Check enclosed Check # _____ Amount \$ _____

Charge Credit Card MasterCard Visa American Express

Account Number: _____ Name on Account: _____

Exp: __/__/____ Signature of Account holder: _____

**RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT
(READ CAREFULLY BEFORE SIGNING)**

In consideration of being permitted to utilize the facilities, services and programs (collectively "Programs") of the Berkeley-Albany YMCA ("YMCA"), I for myself, my personal representatives, heirs, and next of kin:

- Acknowledge that I have been advised by the YMCA to seek the advice of my doctor before beginning any exercise regime.
- Acknowledge that the risk of injury from engaging in the Programs may be significant, including the potential for permanent disability, serious injury or even death.
- Release, waive, and discharge the YMCA, owners and lessees of the premises used to conduct the Programs, participants, consultants and other who give recommendations, directions or instruction, and for each of them, their directions officers, agents, and employees, all for the purposes herein are referred to as "Releasees," from all liability to me, my personal representatives, assigns, heirs, and next of kin for any and all loss or damages, and any claim or demands therefore on account of injury to the person or property or resulting in the death of the undersigned arising out of or related to any program, whether caused by the negligence of the Releasees or otherwise. In addition, I covenant not to sue any of the Releasees based upon any claim arising out of any activity relating to YMCA Programs.
- Assume full responsibility for any risk of bodily injury, death, or property damage arising out of or related to the Programs whether caused by the negligence of Releasees or otherwise.
- Agree to indemnify and save and hold harmless the Releasees and each of them from any loss, liability, damage or cost they may incur due to claims brought against the Releasees arising out of my injury, or death, or damage to my property while I am participating in the Programs and whether caused by the negligence of the Releasees or otherwise.
- Acknowledge that the Programs are potentially dangerous and involve the risk of injury. I also expressly acknowledge that injuries may be compounded or increased by negligent procedures of the Releasees.
- Agree that this Releasees and Waiver of Liability, Assumption of Risk and Indemnity Agreement extends to all acts of negligence by the Releasees, and is intended to be as broad and inclusive as is permitted by the laws of the State of California, and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.
- Agree that I will immediately bring to the attention of YMCA supervisors of instructors any unusual or unsafe hazard or activity as soon as practical.
- Agree that while participating in YMCA programs, the Berkeley-Albany YMCA has permission to photograph myself and/or my children for publicity purposes.
- Agree to abide by the rules and regulations as stated in the membership brochure and Membership Policy Handbook.

I have read this release and waiver of liability, assumption of risk and indemnity agreement, fully understood its terms, understand that I have given up substantial rights by signing it, and have signed it freely and voluntarily without any inducement, assurance, or guarantee being made to me and intend my signature to be a complete and unconditional release of all liability to the greatest extent allowed by law.

Date

Printed Name

Signature

I, _____ declare that I am the parent or legal guardian of _____, (the "minor"), have full legal authority to sign this Release and Waiver of Liability and Indemnity Agreement on behalf of the Minor, and sign this Release and Waiver of Liability and Indemnity Agreement on behalf of the Minor freely and voluntarily on the terms and conditions set forth herein.