



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BENEFITING OUR COMMUNITY

YMCA OF THE CENTRAL BAY AREA
HEAD START ANNUAL REPORT
2009-2010



LETTER FROM THE DIRECTOR

In 2009-2010 the Y served 388 preschool children and 96 infants, toddlers, pregnant women and their families in our Early Childhood Services Branch, including Head Start, Early Head Start, California State Preschool and Child Development programs. Our model is unique in blending state and federal funds to allow families to have full-day, full-year services at any of our centers if they are working, in school or job training. We have partnerships with Berkeley and Albany Unified School Districts and the Center for Early Intervention on Deafness to serve Head Start children through their existing child development and early intervention programs.

Through an array of community partnerships and contracts, children receive vision, hearing and developmental screenings, medical and dental exams. Health and mental health services are provided in our centers and consultants are available to support families and staff. Parent leadership and training is emphasized with regular workshops and meetings.

HEALTH AND NUTRITION SERVICES

Health & Nutrition Services aims to close the gap between children and the key components of good health. This includes regular access to a primary health provider, good dental hygiene and access to a pediatric dentist, good nutrition, and plenty of information and resources about infectious disease treatment and prevention.

We continue to have:

TOPS: TIME OUT WITH PEDIATRICIANS. A once-a-month evening meeting with a pediatric resident from Oakland's Children's Hospital, on behavioral health and developmental topics.

KERRY'S KIDS. A mobile health clinic sets up monthly with volunteer pediatric nurses, doctors and other health professionals.

GIVE KIDS A SMILE DAY. A nationwide program initiated by the American Dental Association which encourages dentists to open up their offices to children who otherwise would not receive dental care.

Dominican College Student Nurses – who provide parent training, conduct height/weight and blood pressure assessments.

TOTAL NUMBER OF CHILDREN SERVED

Program	Enrolled	Funded
Head Start	461	388
Early Head Start	136	96
Program Wide	597	484

TOTAL NUMBER OF FAMILIES SERVED

Program	Served
Head Start	446
Early Head Start	130
Program Wide	576

ELIGIBILITY

	Head Start	%	Early Head Start	%
Income below federal poverty line	314	68%	98	72%
Receipt of Public Assistance	101	22%	20	15%
Foster Child	9	2%	9	7%
Homeless	10	2%	3	2%
Total Income Eligible	434	94%	130	96%
Over Income	27	6%	4	4%

MEDICAL AND DENTAL SERVICES

	Head Start	Early Head Start
Physical Exams	97%	99%
Dental Exams	90%	N/A
Immunizations	99%	100%
Children w/ Health Insurance	99%	97%

RESULTS OF THE MOST RECENT FEDERAL REVIEW

We are scheduled for an Office of Head Start monitoring review the week of Feb. 7-11, 2011. The last review conducted in January 2008 found the program in full compliance in most areas. All items were corrected within the timeline given and were re-reviewed by the Office of Head Start to ensure ongoing compliance.

Program staff continually monitors program and fiscal operations including internal controls to ensure the safeguard of funds. Staff qualifications are examined upon hire to ensure all education staff meets current regulations. An annual community assessment is completed that informs program priorities and meet the needs of eligible Head Start children and their families.

ANNUAL FINANCIAL AUDIT

Following completion of the Fiscal Year 2009-2010 Audit by the Association's outside auditors, the Board of Directors represented by the Audit Committee reviewed the Independent Auditors Report including the year-end Financial Statements, Single Audit Report and the Auditor's Communication Letter and recommended to the full board to accept the auditor's statement of no findings.

COMMUNITY PARTNERSHIPS TO HELP FAMILIES

We are fortunate to be located in an area with a wealth of resources, agencies and individuals willing to help the Y meet the needs of our families. The City of Berkeley Public Health and Mental Health departments, Alameda County Behavioral Health Services, Berkeley, Albany and Emeryville School Districts, Children's Hospital Oakland, Regional Center of the East Bay, and so many others give of their time and services to improve the lives of our families.

Berkeley Vision 2020 and the Emeryville Community Schools Resource Initiative are major community building efforts in which the Y actively participates. Both initiatives are building service bridges among the cities, schools (including UC Berkeley and Berkeley City College) and community organizations to enhance services for children and families with a major outcome being school success and reducing the achievement gap.

REVENUES & EXPENSES

REVENUES	2009-2010
Head Start and Early Head Start	\$5,144,119
Head Start and Early Head Start T&TA	\$128,303
Head Start Program Improvement	\$379,668
CDE Infant Toddler Child Care Grant	\$246,746
BUSD Infant Toddler Contract	\$100,000
BUSD Cal-Safe Contract	\$34,082
CDE/Infant Toddler Instructional Materials Grant	\$500
Kidango Infant Toddler Contract	\$405,955
CCAP Infant Toddler Resource Grant	\$8,198
Alameda County /AB 212 Grant	\$22,000
Kidango State Preschool Contract	\$621,723
EUSD State Preschool Contract	\$183,403
EUSD Instructional Materials	\$1,116
Child Care Food Program Grant	\$231,570
Total Revenues	\$7,507,382

EXPENSES	2009-2010
Salaries	3,430,216
Taxes & Benefits	1,155,012
Travel	5,000
Supplies	462,244
Contractual	479,474
Other Costs	1,343,641
Allocation	631,794
Total Expenditures	\$7,507,382
Non-Federal Share	\$2,035,157

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PROGRAMS

Early Head Start (EHS)
 Head Start (HS)
 California Department of Education
 Child Development Program (CCTR)
 CA State Preschool Program (CSPP)
 California School-Age Families
 Education (CALSAFE)

PARENT INVOLVEMENT: ISAAC'S STORY

Raising a child with disabilities can often place families in a position that brings up strong emotions, difficult choices and interactions with many different professionals. The following is a parent's story of Isaac, who is visually impaired, and how Head Start has impacted their family.

"Head Start means everything to my family! I began with Head Start in the Home Base Program as a

pregnant mom and now my son is in kindergarten. The Home Visitor helped me to know what to do and reassured me we can find the help my son needed from Regional Center, the School District and Blind Babies.

When I first realized there was a problem I was sad but now I know about his disability and I read stories of other children with disabilities and I have more hope.

As a family, Head Start also helped us attend the Blind Babies summer camp program. Kindergarten is going well for my son and I have hope he will do well and keep the same level of vision he has now. I am thankful for Head Start because they continue to serve my daughter in Early Head Start ... Head Start is like a family to me."

MESSAGE FROM POLICY COUNCIL CHAIR



I was working when my daughter started Head Start at the YMCA Early Childhood Services program. This was a big help and relieved the worry of who she would stay with on a daily basis. Later in the year, I was laid off. This was unfortunate but gave me a chance to become more involved with Head Start. I became President of my daughters' Center Committee and then went on to become Chairperson of the Policy Council.

The YMCA is more than just a Head Start program; it helps the parents get involved and helps them and me to accomplish our goals. As the PC Chair, I have been able to travel to local and national conferences and training events. In my role as Chair I represent the Head Start program on the YMCA Board of Directors and the Head Start Oversight Committee and report regularly on program activities.

Life has a lot of ups and downs but being part of the YMCA Head Start family has made a big difference in my life.

Angelique Jones, PC Chair 2009-2010

GETTING READY FOR SCHOOL

This year we placed a great emphasis on improving the quality of teacher-child interactions in the classroom. We implemented the CLASS (Classroom Assessment Scoring System) instrument, which is a tool that systematically measures the quality of interactions in the classroom in 10 different areas. All Head Start teachers were assessed using the tool and created professional development goals for themselves based on their scores. Every teacher in the Y program was trained in 10 specific interaction strategies in a training series called

"Talk About It." Teachers attended seminars in small groups and received "in the classroom" coaching to help them implement the strategies. We saw a rise in CLASS scores based on the training that teachers received. We are looking forward to implementing a second quality improvement initiative in the upcoming year called the "High Quality Classrooms Project." Through training and technical assistance, one classroom at each of our directly operated centers will be transformed. Teachers will completely change the aesthetics of their classroom and their curriculum approach. We look forward

to seeing how this new initiative will result in positive outcomes for the children and the teachers. Partner teachers also received training in the CLASS tool and interaction strategies and were assessed using the tool.